

School of Sleep Technology

SAMPLE SCHEDULE

SEMESTER 1 (16 Weeks)

August-December

Weeks 1-8

Lecture and/or lab Four days/week: 12:30-6 pm

No Clinical Experience

Weeks 9 – 16

Lecture and/or lab Three-four days/week: Mon-Thurs 1-6 pm

Clinical Experience 2 nights/ week; 4.5-5 hours per night

SEMESTER 2 (16 Weeks)

January – May

Weeks 1-16

Lecture and/or lab Three days/week: Tues-Thurs 1- 7 pm

Clinical Experience 2 nights/week – 10 hour overnight shifts