

School of Sleep Technology

SAMPLE SCHEDULE

SEMESTER 1 (22 Weeks)

July-December

Weeks 1-11

No Clinical Experience

Lecture and/or lab

Three-four days/week: 1-6 pm

Weeks 12 – 22

Clinical Experience

2 nights/ week; 4.5-5 hours per
night

Days of the week and times vary

Lecture and/or lab

Two-three days/week: 1-6 pm

SEMESTER 2 (22 Weeks)

January – June

Weeks 1-16

Clinical Experience	2 nights/week – 10 hours overnight Days of the week and times vary
Lecture and/or lab	Two days/week 1- 7 pm Wednesday/Thursday

Weeks 17-22

Clinical Experience	1 night/week – 10 hours overnight Days of the week and times vary
Lecture and/or lab	Two days/week 1- 7 pm Wednesday/Thursday