

# School of Sleep Technology

## SAMPLE SCHEDULE

SEMESTER 1 (22 Weeks)

July-December

### Weeks 1-11

No Clinical Experience

Lecture and/or lab

Three-four days/week: 1-6 pm

### Weeks 12 – 22

Clinical Experience

2 nights/ week; 4.5-5 hours per  
night

Days of the week and times vary

Lecture and/or lab

Two-three days/week: 1-6 pm

## SEMESTER 2 (22 Weeks)

January – June

### Weeks 1-16

|                     |   |
|---------------------|---|
| Clinical Experience | 2 nights/week – 10 hours overnight<br>Days of the week and times vary |
| Lecture and/or lab  | Two days/week 1- 7 pm<br>Wednesday/Thursday                           |

### Weeks 17-22

|                     |  |
|---------------------|--|
| Clinical Experience | 1 night/week – 10 hours overnight<br>Days of the week and times vary |
| Lecture and/or lab  | Two days/week 1- 7 pm<br>Wednesday/Thursday                          |