CARE OF CLIENT IN TRACTION

T R A C T I O N

- Temperature
- Ropes Hang Freely
- Alignment
- Circulation Check (5 P's)
- Type & Location of Fracture
- Increase Fluid Intake
- Overhead Trapeze
- No Weights On Bed Or Floor

[Source: Nursing Education Consultants Inc.]
HIP FRACTURE

- TMT: Bucks Traction, Immobility (Traction Roll or Sand Bags)
- Surgery - Internal Fixation

Disease Process & S/S
- ↑ Age
- Female
- History of Osteoporosis
- ↓ Estrogen
- ↑ Falls
- Thrombosis, Anemia
- Medications, Cardiovascular Disease

Potential Nursing Problems

Nursing Interventions
- Nursing Priorities
  - Hydration
  - Respiratory Support
  - Circulation Checks
  - Pain Control
  - Prevention of Immobility Complications
  - Hx of Chronic Conditions and Medications
Amputation

Disease Process & S/S

Medications & Treatments

Potential Nursing Problems

Lab & Diagnostics

Nursing Interventions
Osteoporosis

Disease Process & S/S

Medications & Treatments

Lab & Diagnostics

Potential Nursing Problems

Nursing Interventions

OSTEOPOROSIS
(After Menopause - ↓ Estrogen)

Generalized progressive reduction of bone density, causing weakness of skeletal strength.

Slender, female, Caucasian, alcohol users, smokers & steroid users... are highest at risk.

Crush fractures especially at T-8 & below...
Hip & Colles' fractures most common.
Lyme Disease

Disease Process & S/S

Medications & Treatments

Lab & Diagnostics

Potential Nursing Problems

Nursing Interventions

- Flu-Like Symptoms
  - Headache
  - Fatigue
  - Fever
  - Chills
  - Sore Throat
  - Muscle Aches

- Psychosocial Complications
  - Long Term
  - Depression
  - Dementia

- Heart Complications
  - Rapid or Slow Heart Rate
  - Chest Pain

- Hearing Loss

- Paralysis of Face

- Syncope, Palpitations, Dyspnea

- Rash at the Site of the Tick Bite

- Itching

- Hot, Swollen, Painful Joints

- Insomnia