Basic Nursing Study Guide
Chapter 7 and 8
The Nurse-Client Relationship
Client Teaching

1. What is a “Nurse-Patient Relationship?”
2. What is a “Therapeutic” Relationship?
3. What responsibilities do the patient and nurse have in this relationship?
4. Discuss the 3 phases of the Nurse-Patient relationship.(Introductory, Working, Terminating).
5. Discuss barriers to Nurse-client relationship.
6. What is communication? Know types of verbal and nonverbal communication.
7. List techniques for therapeutic communication, why used, and know examples.
8. List techniques used in non-therapeutic communication, examples and how to improve.
9. How is silence used in communication, is it verbal or nonverbal?
10. List forms of nonverbal communication with examples.
11. Discuss important factors in communication with older adults – do and don’t.

1. Is health teaching optional? Why?
2. Discuss learning styles or domains.
3. How do age and development differences enter into teaching? See table 8-1, page 103 and understand pedagogic learners, androgogic learners, and gerogogic learners.
4. Name and discuss 5 areas to consider when teaching and expecting a person to learn. (literacy, sensory deficits, cultural differences, attention and concentration, and motivation)
5. Define literacy.
6. Define functionally illiterate.
7. List and discuss nursing guidelines for teaching clients with sensory impairments. KNOW nursing guidelines 8-1 page 104
8. Discuss formal and informal teaching.
9. Review nursing guidelines for teaching adult patients as on skill 8-1 page 107.