

Other Details

The center will provide care for body, soul, mind, and spirit for those in both individual and family settings. People of all faith traditions are accepted at the center and will be treated with respect, empathy, and acceptance regardless of age, race, sex, religion, ethnicity, or socio-economic status.

Located at the Baptist Health Southwest Campus, the Baptist Health Counseling Center is open Monday through Friday, from 8 a.m. to 5 p.m. Extended hours available on Wednesday and Thursday evenings. To schedule an appointment, please call 501-202-7587.

Directions

The center is located approximately 1/4 mile south/east of I-30 at the intersection of Mabelvale West Road and Otter Creek East Boulevard.

When traveling west on I-30, take **exit 128**: Otter Creek Road/Mabelvale West; when traveling east on I-30, take **exit 126**: Alexander Road/Alexander and follow the access road to Mabelvale West Road.

Cost per one-hour session is very reasonable with the number of sessions determined by the client-counselor relationship. Call for more information. The center does not accept insurance at this time.

For more information:

Visit baptist-health.com

Call **Baptist Health HealthLine**

B-A-P-T-I-S-T (227-8478)

or 1-888-B-A-P-T-I-S-T

Locations:

Baptist Health Medical Centers -

Arkadelphia

Heber Springs

Little Rock

North Little Rock

Stuttgart

Baptist Health Extended Care Hospital - Little Rock

Baptist Health Rehabilitation Institute - Little Rock

Baptist Health is the state's most comprehensive

healthcare system. With more than 175 access points — including major medical centers, family clinics and therapy and wellness centers —

Baptist Health is committed to delivering all our best in healthcare to the people of Arkansas.

Baptist Health Counseling Center



Baptist Health
all our best

Baptist Health Counseling Center

A Christian-based Community Service

A joint project of Baptist Health Pastoral Care and Behavioral Health, the Baptist Health Counseling Center's goal and mission is to provide high-quality professional family counseling services based on Christian values to the community at large.

Emphasis on Christian Counseling

For many clients, talking about their belief in Christ helps describe who they are, how they see their problems, and what type of support system exists that will facilitate change in their lives. Many Christians benefit from the extra support provided by a therapist during difficult times.

Along with a Christian's reliance on the Bible, prayer, and the local church, Christian counseling builds on the resources of the faith community and offers the additional help needed during those tough times.

About Our Counselor

The outpatient center is led by Dr. Charles Chamblee, D.Min., L.A.C., a professionally licensed and accredited counselor, who is guided by a faith-based framework consistent with the Baptist Health mission and values. Chamblee, who holds post-graduate degrees for Southwestern Baptist Theological Seminary and Samford University, has had more than 20 years of training and experience in ministry to others. Along with individual counseling, our counselor is available for inservice education, crisis interventions, emotional first aid, group therapy, and support groups.

“People often think of counseling as a last resort instead of a primary resource. Having a counselor trained to utilize the best counseling practices integrated with faith can help people rediscover purpose and meaning in their lives.”

— Charles Chamblee

Services Offered

- Personal counseling
- Marriage, family and relationship counseling
- Critical incident debriefing/crisis intervention
- Conflict management/resolution
- Assessment and referral
- Work and career issues
 - productivity
 - supervisor or peer conflict coaching
 - time management
 - change management
- Grief/bereavement counseling
- Addictions/substance abuse
- Stress management
- Basic life skills, communication, etc.
- Financial counseling
- Spiritual direction

